

# **INGREDIENTS AND ALLERGEN LIST**

# **EMPANADAS**

## **CLASSIC BEEF**

**Wheat** Flour, Water, Onion, Beef, Vegetable Oil (Sustainable Palm and Rapeseed), Red Peppers, Olives, Boiled **Egg**, Blended Vegetable Oil, Salt, Black Pepper, Ground Cumin, Chilli Powder.

For allergens, including cereals containing gluten, see ingredients in **bold**. May contain traces of **ALL ALLERGENS**.

#### **SPICY BEEF**

**Wheat** Flour, Water, Onion, Beef, Vegetable Oil (Sustainable Palm and Rapeseed), Red Peppers, Olives, Boiled **Egg**, Blended Vegetable Oil, Salt, Chilli Powder, Black Pepper, Ground Cumin.

For allergens, including cereals containing gluten, see ingredients in **bold**. May contain traces of **ALL ALLERGENS**.

### HAM + CHEESE

Wheat Flour, Water, Ham, Gouda Cheese (Milk), Vegetable Oil (Sustainable Palm and Rapeseed), Blended Vegetable Oil, Soft Cheese (Milk), Salt.

For allergens, including cereals containing gluten, see ingredients in **bold**. May contain traces of **ALL ALLERGENS**.

## **CHICKEN**

**Wheat** Flour, Water, Chicken, Carrots, Vegetable Oil (Sustainable Palm and Rapeseed), Red Peppers, Blended Vegetable Oil, Salt, Black Pepper.

For allergens, including cereals containing gluten, see ingredients in **bold**. May contain traces of **ALL ALLERGENS**.

## **CHICKEN + CHORIZO**

**Wheat** Flour, Water, Chicken, Onion, Vegetable Oil (Sustainable Palm and Rapeseed), Chorizo, Blended Vegetable Oil, Salt, Black Pepper.

For allergens, including cereals containing gluten, see ingredients in **bold**. May contain traces of **ALL ALLERGENS**.

#### **TUNA**

**Wheat** Flour, Water, Onion, Tuna (**Fish**), Vegetable Oil (Sustainable Palm and Rapeseed), Red Peppers, Boiled **Egg**, Olives, Tomato Purée, Blended Vegetable Oil, Salt, Black Pepper, Sugar.

For allergens, including cereals containing gluten, see ingredients in **bold**. May contain traces of ALL **ALLERGENS**.

### **CAPRESE**

Wheat Flour, Water, Gouda Cheese (Milk), Tomatoes, Vegetable Oil (Sustainable Palm and Rapeseed), Cheese (Milk), Salt, Basil.

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#### **CHEESE + ONION**

Wheat Flour, Water, Gouda Cheese (Milk), Onion, Vegetable Oil (Sustainable Palm and Rapeseed), Cheese (Milk), Salt.

For allergens, including cereals containing gluten, see ingredients in **bold**. May contain traces of **ALL ALLERGENS**.

### **BUTTERNUT + GOAT'S CHEESE**

**Wheat** Flour, Butternut Squash, Water, Goat's Cheese (**Milk**), Vegetable Oil (Sustainable Palm and Rapeseed), Salt, Sugar, Black Pepper, Vinegar, Garlic.

Allergen advice. For allergens, including cereals containing gluten, see ingredients in **bold**. May contain traces of **ALL ALLERGENS**.

#### **DULCE DE LECHE**

Dulce de Leche (boiled Condensed **Milk**), **Wheat** Flour, Water, Vegetable Oil (Sustainable Palm and Rapeseed), Salt, Sugar, Cinnamon.

For allergens, including cereals containing gluten, see ingredients in **bold**. May contain traces of **ALL ALLERGENS**.

### BANANA + DULCE DE LECHE

**Wheat** Flour, Water, Dulce de Leche (boiled Condensed **Milk**), Banana, Vegetable Oil (Sustainable Palm and Rapeseed, Salt, Sugar.

For allergens, including cereals containing gluten, see ingredients in **bold**. May contain traces of **ALL ALLERGENS**.

## **ALFAJORES**

#### **MAICENA**

Dulce De Leche (boiled Condensed **Milk**), Cornflour, Wheat Flour, Butter (**Milk**), Sugar, Egg Yolk, Baking Powder, Biocarbonate of Soda, Vanilla Flavouring, Lemon Zest, Whiskey (**Alcohol**).

For allergens, including cereals containing gluten, see ingredients in **bold**. May contain traces of **ALL ALLERGENS**.

# **CHOCOLATE**

Dulce De Leche (boiled Condensed **Milk**), Cornflour, Wheat Flour, Butter (**Milk**), Sugar, Egg Yolk, Cocoa Powder, Baking Powder, Biocarbonate of Soda, Vanilla Flavouring, Orange Zest, Whiskey (**Alcohol**).

For allergens, including cereals containing gluten, see ingredients in **bold**. May contain traces of **ALL ALLERGENS**.

# SALSAS

### **CHIMICHURRI**

Rapeseed Oil, Vinegar, Garlic, Parsley, Oregano, Chilli Flakes.

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### **CHIPOTLE MAYO**

Water, Rapeseed Oil, Glucose-Fructose Syrup, Spirit Vinegar, Maltodextrin, Chipotle Chilli Paste (3%) (Rapeseed Oil, Water, Chipotle Chilli Powder, White Wine Vinegar, Acidity Regulator: Malic Acid), Modified Maize Starch, Pasteurised **Egg** Yolk, Smoked Paprika, Salt, Dried Crushed Chillies, Dried Red Peppers, Onion Powder, Preservative (Potassium Sorbate), Stabiliser (Xanthan Gum), Yeast Extract, Acidity Regulator (Lactic Acid), Cayenne Pepper, Sunflower Oil.

For allergens, including cereals containing gluten, see ingredients in **bold**. May contain traces of **ALL ALLERGENS**.

## **GARLIC AIOLI**

Mayonnaise (Milk, Egg, Mustard), Lemon Juice (Sulphites), Garlic, Parsley.

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All of our products are produced in a kitchen that handles ALL ALLERGENS. Whilst we do make every effort to avoid cross-contamination, we cannot guarantee that any of our products is free of any allergens - we cannot cater for customers with food allergies. If you have any allergen concerns please get in touch at hola@caminitoempanadas.co.uk before consuming our food.

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